

# FORMES D'ATTAQUES ET DE SAISIES

## Saisies arrières



USHIRO RYOTE DORI



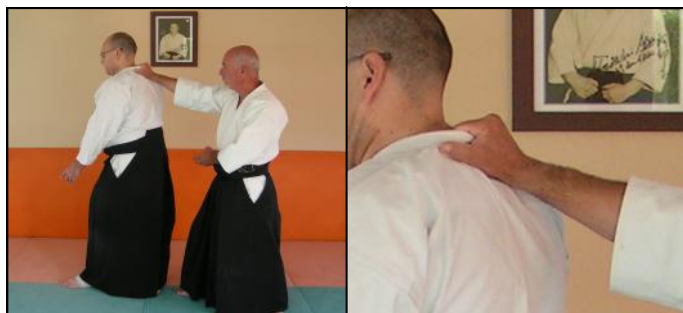
USHIRO RYO SODE DORI



USHIRO HIDJI DORI



USHIRO RYO KATA DORI



USHIRO ERI DORI



USHIRO KATATE ERI DORI



USHIRO SODE ERI DORI



USHIRO HIDJI ERI DORI



USHIRO KATATE KUBISHIME